

Crofton Health Clinic

88 Crofton Lane, Orpington, Kent, BR5 1HD
01689 824837 - info@croftonhealthclinic.co.uk

FACIAL REVITALISATION

What is Facial Revitalisation Acupuncture?

Facial revitalisation Acupuncture is a painless, non-surgical method of reducing signs of the aging process.

Although this is cosmetic acupuncture, fundamentally it offers much more than this.

Its roots and origins are from Traditional Chinese Medicine that dates back thousands of years.

There are a vast number of acupuncture points and specific points will be selected to form a prescription tailored to the individuals needs.

The chosen points, as well as affecting the face, create harmony and balance within the person.

Practitioners of Facial Revitalisation Acupuncture have the specialized knowledge in how to affect the face and treat the underlying cause that contribute to the aging process.

Correcting the underlying condition is crucial to change the appearance in the face.

What effect is gained from the program?

The effects can be amazing.

Facial Revitalisation Acupuncture can reduce the aging appearance of the face by five to fifteen years. Results can be apparent after just a few treatments.

Fine lines can be entirely eliminated and deeper wrinkles diminished. Reducing bags under the eyes, firming jowls, eliminating puffiness, drooping eyelids lifted and double chins minimised.

Further effects include a moisturised skin; heightened collagen production, muscle tone, and dermal contraction; tightening of the pores; brightened eyes; a more regulated hormonal balance.

This all provides room for the innate beauty and vitality of the individual to emerge.

What is the course of treatment?

The course consists of 12 treatments. The effect is more evident and prolonged around the seventh treatment.

Individuals tend to respond at different rates. Influences that determine these factors are the physical condition of what the individual is presenting and lifestyle of the person prior to the treatment program.

Maintenance treatments can prolong the results gained from the treatment program.

Does it really work?

Acupuncture Cosmetology is already popular in Japan, Hong Kong, and Sweden.

In 1996 a report in the International Journal of Acupuncture reported that among 300 cases treated with Facial Acupuncture 90% had marked effects after one course of treatment. The effects produced - more delicate and fair skin, improved elasticity of facial muscles and reduced wrinkles, a healthier complexion, and overall rejuvenation not confined to the face.

For thousands of years, the Chinese have known that beauty comes from the inside. As early as the

Sung Dynasty (960AD-1270AD) Acupuncture rejuvenation practices were employed for the Empress and the Emperor's concubines.

Why select Facial Revitalisation Acupuncture over a face - lift?

This technique can not substitute any surgical intervention; however this technique provides an excellent alternative.

Besides being far less costly than cosmetic surgery, it is safe, virtually painless, has no side effects or risks of disfigurement.

Unlike surgery with the usual lengthy recovery period including swelling and discoloration, there is no trauma from Facial Revitalisation with Acupuncture.

The program can not re-mould the face in a way that removing bone would. However it can subtly revitalise by taking years off your face - within safe and natural parameters, improving overall health at the same time.

Who should administer Facial Revitalisation Acupuncture?

The treatment should be applied by a fully qualified and registered Acupuncturist, with training in the specialisation of Facial Revitalisation with Acupuncture.

Few Acupuncturists are specifically trained in this area.

Ideally, one should seek a practitioner whom has been trained by an expert in this field.

Jonathan Southcott trained with Virginia Doran who is a recognised expert of Acupuncture Facial Revitalisation, and passed the relevant theoretical and practical exams to enable incorporation of the specific techniques into his practice.